



PRODUCT INFORMATION

SELA ADULTS COLDS & FLU SYRUP

Our **SELA Adults Colds & Flu Syrup** with Pelargonium, African ginger and Lemon Bush has been specially formulated to assist with reproductive coughs in adults.

TRADITIONALLY USED FOR:

- Treating fever
- Sore throat
- Colds & flu

OTHER BENEFITS:

- Fever
- Asthma
- Pain relief
- Bronchitis
- Sore throat
- Headaches
- Antibacterial
- Viral infections
- Boosting immunity
- Colds, coughs & flu
- Antibiotic properties

HOW TO USE SELA SYRUP:



STEP 1
Shake bottle
before use

DIRECTIONS FOR USE:

Drink 2 hours before or after using other medicine.

Adults & children 12 years and older: Drink 5 ml up to 3 times a day. May be added to hot water and consumed as a tea for extra effect.

Do not take longer than 14 days.

Do not drink if you are pregnant or breastfeeding.

INGREDIENTS:

per ml contains:

<i>Pelargonium sidoides root</i> (Ikhubala)	19 mg
<i>Siphonochilus aethiopicus</i> (African Ginger)	40 mg
<i>Lippia javanica</i> (Lemon Bush)	30 mg

In-actives:

DISCLAIMER:

WARNINGS

Do not use if sensitive to any of the ingredients and stop use if any symptoms of allergy develop. If symptoms of the illness persist or worsen, reoccur, or are accompanied by a fever, rash, or persistent headache, discontinue use, and consult a relevant healthcare provider. Stop using the syrup if any side effects occur.

If you suffer from a chronic medical condition, consult your healthcare practitioner before using this syrup. If you are diabetic, have a heart condition, or use blood-thinning medication, this syrup should only be taken under supervision of a healthcare professional.

Not suitable for use during pregnancy or while breastfeeding. Symptoms of overdose include a loose stool, nausea or vomiting. Discontinue use 2 weeks before any surgery.

***Available in a 100ml & 200ml syrup bottle.**

Manufactured by:

Sunpac (Pty) Ltd 148 Western Service Road, Woodmead, Sandton, 2191 Johannesburg, South Africa
Contact: 060 509 3609 www.sela.co.za enquiries@sela.co.za Facebook & Instagram: @selaforbetterhealth