



<b>In-actives:</b> Aniseed (Pimpinella) essential oil (flavourant) 0.1%,
<b>In-actives:</b>

## PRODUCT INFORMATION

### SELA ADULTS WET COUGHS SYRUP

Our **SELA Adults Wet Cough Syrup** with Pelargonium and Pepperbark tree has been specially formulated to assist with productive and wet coughs in adults and has a peppery spicy flavour.

#### TRADITIONALLY USED FOR:

- Clearing chest mucus
- Natural antibiotic
- Wet coughs

#### OTHER BENEFITS:

- Wet coughs
- Clears chest
- Clears phlegm
- Stubborn cough
- Antibiotic properties
- Antibacterial properties
- Antimicrobial properties
- Cough, colds & chest complaints

#### HOW TO USE SELA SYRUP:



**STEP 1**  
Shake bottle  
before use

#### DIRECTIONS FOR USE:

Drink 2 hours before or after using other medicine.

Adults & children 12 years and older: Drink 5 ml up to 3 times a day.

**Do not** take longer than 14 days.

**Do not** drink if you are pregnant or breastfeeding.

#### INGREDIENTS:

per ml contains:

<b><i>Pelargonium sidoides</i> root</b> (Ikubalo)	19 mg
<b><i>Warburgia salutaris</i></b> (Pepperbark tree)	20 mg

#### DISCLAIMER:

##### WARNINGS

Do not use if sensitive to any of the ingredients and stop use if any symptoms of allergy develop. If symptoms of the illness persist or worsen, reoccur, or are accompanied by a fever, rash, or persistent headache, discontinue use, and consult a relevant healthcare provider. Stop using the syrup if any side effects occur. If you suffer from a chronic medical condition, consult your healthcare practitioner before using this syrup.

If you are diabetic, have a heart condition, or use blood-thinning medication, this syrup should only be taken under supervision of a healthcare professional. Not suitable for use during pregnancy or while breastfeeding. Symptoms of overdose include a loose stool, nausea or vomiting. Discontinue use 2 weeks before any surgery.

Pepperbark tree has a tingly or peppery effect in the mouth condition, or use blood-thinning medication, this syrup should only be taken under supervision of a healthcare professional. Not suitable for use during pregnancy or while breastfeeding. Discontinue use 2 weeks before any surgery.

**\*Available in a 100ml & 200ml syrup bottle.**

#### Manufactured by:

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