



PRODUCT INFORMATION

SELA BLADDER & KIDNEY MIXTURE

Our **Sela Bladder & Kidney Mixture** with Buchu has been specially formulated to assist bladder & kidney health.

TRADITIONALLY USED FOR:

- Cleansing bladder
- Cleansing kidneys
- Painful Urination
- Soothing urinary tract

OTHER BENEFITS:

- Passing water
- Anti-bacterial benefits
- Painful urination
- Kidney problems
- Inflamed prostate
- Urinary infections
- Bladder infections
- Cleansing bladder & kidneys

HOW TO USE SELA MIXTURE:



STEP 1
Shake bottle
before use



STEP 2
Each serving =
2 x tablespoons (30 ml)

DIRECTIONS FOR USE:

For best results, drink 2 hours before or after medication and at least 1 hour before or after meals.

For severe cases: Drink 3 to 6 servings a day. If symptoms don't improve in 3 to 5 days, or get worse, consult your healthcare provider.

To maintain: Drink 1-2 servings a day.

Do not drink if you are pregnant or breastfeeding.

INGREDIENTS:

Each 30 ml contains:

Active ingredients:	Agathosma betulina Syn. (Buchu) leaves 4:1 extract 500 mg
Preservatives:	Sodium benzoate 0.10% m/m, Potassium sorbate 0.10% m/m
Other ingredient:	Purified water, Citric acid anhydrous, Stabiliser, Flavour Lemon, Caramel colour, Sucralose 18 mg

DISCLAIMER:

If you suffer from a chronic medical condition, consult your healthcare practitioner before using the product.

If you are diabetic, have a heart condition, or use blood thinning medication, drink this product only under the supervision of a healthcare professional.

Stop drinking the product if you show any side effects to any of the ingredients. Discontinue use 2 weeks before any surgery.

Manufactured by:

Sunpac (Pty) Ltd 148 Western Service Road, Woodmead, Sandton, 2191 Johannesburg, South Africa
Contact: 060 509 3609 www.sela.co.za enquiries@sela.co.za Facebook & Instagram: @selaforbetterhealth