



health care provider. Always consult a healthcare provider before taking this product if you are taking any chronic medicines, in particular ARV (antiretrovirals) for HIV infection. Discontinue 2 weeks prior to any surgery.

PRODUCT INFORMATION

SELA DIGESTIVE HEALTH CAPSULES

Our **SELA Digestive Health Capsules** with Green Honeybush Tea and Sutherlandia are specially formulated to help with stomach problems and aid in digestion.

TRADITIONALLY USED FOR:

- ✓ Improving appetite
- ✓ Stomach ulcers
- ✓ Gut health

OTHER BENEFITS:

- ✓ Gut health
- ✓ Indigestion
- ✓ Anti-bacterial
- ✓ Stomach ulcers
- ✓ Anti-inflammatory
- ✓ Improves appetite
- ✓ Soothes heartburn
- ✓ Improves digestion

Drink with a glass of water.

DIRECTIONS FOR USE:

Adults: Take 1 capsule with water in the morning and evening before a meal.

Drink 2 hours before or after using other medicine.

Do not drink if you are pregnant or breastfeeding.

INGREDIENTS:

mg per capsule contains:

Cyclopia intermedia E. Mey (Green Honeybush Tea) [aerial portions, 13:1 extract at 192.3 mg]	2 500 mg
Sutherlandia frutescens (Cancer bush)	300 mg
In-actives: Magnesium Stearate, Silicon Dioxide	

DISCLAIMER:

WARNINGS

Do not exceed the recommended dose. If you suspect that you have a stomach ulcer or have digestive symptoms that are persistent or are getting worse or are accompanied by weight loss, consult a relevant

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