



## PRODUCT INFORMATION

### SELA INYONGO TEA

Our **Sela Inyongo Tea** with Sutherlandia and Cape Aloe has been specially formulated to support digestive health.

#### TRADITIONALLY USED FOR:

- Cleansing
- Acid reflux
- Heartburn

#### OTHER BENEFITS:

- Fever
- Cleansing
- Stomach problems
- Improving appetite
- Improving indigestion
- Fever

#### INGREDIENTS:

Each 1.7 teabag contains:

<b>Camellia sinensis</b> (Black Tea)	750 mg
<b>Aspalathus linearis</b> (Rooibos Tea)	300 mg
<b>Lessertia Frutescens</b> (Sutherlandia)	200 mg
<b>Aloe ferox</b> (Cape Aloe Leaf)	50 mg





#### DISCLAIMER:

If you suffer from a chronic medical condition, consult your healthcare practitioner before using the product.

If you are diabetic, have a heart condition, or use blood thinning medication, drink this tea product only under the supervision of a healthcare professional.

Stop drinking the product if you show any side effects to any of the ingredients. Discontinue use 2 weeks before any surgery.

#### HOW TO MAKE SELA TEA:

 <b>STEP 1</b> Boil water	 <b>STEP 2</b> Add 1 teabag to cup	 <b>STEP 3</b> Brew for 5-6 minutes	 <b>STEP 4</b> Enjoy warm or cold
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#### DIRECTIONS FOR USE:

For best results, drink 2 hours before or after using medication and at least 1 hour before or after meals.

**For severe cases:** Drink up to 6 cups of tea a day, near bedtime.

**To maintain:** Drink 2 cups of tea a day.

**Do not** drink if you are pregnant or breastfeeding.

#### Manufactured by:

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