



## PRODUCT INFORMATION

### SELA JOINT & GOUT MIXTURE

Our **SELAS Joint & Gout Mixture** with Devil's Claw & Imphepho has been specially formulated to support joint health and movement.

#### TRADITIONALLY USED FOR:

- Joint pain
- Backache
- Gout

#### OTHER BENEFITS:

- Back pain
- Body pain
- Sore joints
- Gout swelling
- Joint movement

#### HOW TO USE SELA MIXTURE:



**STEP 1**  
Shake bottle  
before use



**STEP 2**  
Each serving =  
2 x tablespoons (30 ml)

#### DIRECTIONS FOR USE:

For best results, drink 2 hours before or after using medication and at least 1 hour before or after meals.

**For severe cases:** Drink 6 servings a day.

**To maintain:** Drink 1 - 3 servings a day.

**Do not** drink if you are pregnant or breastfeeding.

#### INGREDIENTS:

Each 30 ml contains:

<b>Active ingredients:</b>	<b>Harpagophytum procumbens (Devil's Claw) root 4:1 extract 350 mg, Helichrysum odoratissimum (Imphepho) Her powder 250 mg.</b>
<b>Preservatives:</b>	Sodium benzoate 0.10% m/m, Potassium sorbate 0.10% m/m
<b>Other ingredient:</b>	Purified water, Citric acid anhydrous, Stabiliser, Lemon flavour, Caramel colour, Sucralose 15 mg

#### DISCLAIMER:

If you suffer from a chronic medical condition, consult your healthcare practitioner before using the product.

If you are diabetic, have a heart condition, or use blood thinning medication, drink this product only under the supervision of a healthcare professional.

Stop drinking the product if you show any side effects to any of the ingredients. Discontinue use 2 weeks before any surgery.

#### Manufactured by:

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