



condition or use blood-thinning medication, take the product only under supervision of a healthcare profession. Stop taking this product if you show any side effects to any of the ingredients. Discontinue 2 weeks prior to any surgery.

PRODUCT INFORMATION

SELA JOINT & MUSCLE CAPSULES

Our **SELA Joint & Muscle Support Capsules** with Devil's Claw and Winter cherry are specially formulated to help with aches and pains associated with joint problems.

TRADITIONALLY USED FOR:

- ✓ Joint discomfort
- ✓ Muscle pain

OTHER BENEFITS:

- ✓ Rheumatism
- ✓ Osteoarthritis
- ✓ Joint swelling
- ✓ Joint stiffness
- ✓ Joint discomfort
- ✓ Joint movement
- ✓ Joint inflammation
- ✓ Muscle aches & pains

Drink with a glass of water.

DIRECTIONS FOR USE:

Adults: Take 1 capsule up to 4 times daily.

Drink 2 hours before or after using other medicine.

Do not drink if you are pregnant or breastfeeding.

INGREDIENTS:

mg per capsule contains:

<i>Harpagophytum procumbens</i> (<i>Devil's Claw</i>) [root, 4:1 extract at 125 mg]	500 mg
<i>Withania somnifera</i> (<i>Winter cherry</i>) [root, 15:1 extract at 16.667 mg]	250 mg
<i>In-actives:</i> Corn Starch, magnesium stearate, Silicon dioxide	

DISCLAIMER:

WARNINGS

Not suitable for use during pregnancy and breastfeeding. Not suitable for children. Always consult a relevant healthcare provider before taking this product. Inf you are diabetic, have a heart

Manufactured by:

Sunpac (Pty) Ltd 148 Western Service Road, Woodmead, Sandton, 2191 Johannesburg, South Africa
Contact: 060 509 3609 www.sela.co.za enquiries@sela.co.za Facebook & Instagram: @selaforbetterhealth