



PRODUCT INFORMATION

SELA SLEEP SUPPORT CAPSULES

Our **SELA Sleep Support Capsules** with Cape Honeysuckle and Winter Cherry are specially formulated to help with protect the body against the effects of stress and anxiety to help with healthy sleeping patterns.

TRADITIONALLY USED FOR:

- ✓ Relaxation
- ✓ Healthy sleep patterns

OTHER BENEFITS:

- ✓ Improves mood
- ✓ Reduces anxiety
- ✓ General wellbeing
- ✓ Promotes relaxation
- ✓ General nerve tonic
- ✓ Calming the body
- ✓ Relaxing the body
- ✓ Improves effects of stress

Drink with a glass of water.

DIRECTIONS FOR USE:

Adults: Take 1-4 capsules near bedtime times daily. Drink 2 hours before or after using other medicine.

Do not drink if you are pregnant or breastfeeding.

INGREDIENTS:

mg per capsule contains:

TECOMARIA CAPENSIS (Cape Honeysuckle)	50 mg
Withania somnifera (Winter Cherry) [root 15:1 extract at 16.667mg]	200 mg
In-actives: Corn starch, magnesium stearate, silicon dioxide	

DISCLAIMER:

WARNINGS

Not suitable for use during pregnancy and breastfeeding. Not suitable for children. Always consult a relevant healthcare provider before taking

this product. If you are diabetic, have a heart condition or use blood-thinning medication, take the product only under supervision of a healthcare profession. Stop taking this product if you show any side effects to any of the ingredients. Discontinue 2 weeks prior to any surgery.

Manufactured by:

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