



PRODUCT INFORMATION

SELA UMHLOYANE TEA

Our **SELA Umhloniyane Tea** with *Artemisia afra* has been specially formulated to support fever and viral infections.

TRADITIONALLY USED FOR:

- Fever
- Cough & colds
- Viral infections

OTHER BENEFITS:

- Fever
- Sinusitis
- Headache
- Tight chest
- Sore throat
- Blocked nose
- Viral infections
- Cough & colds

<i>Aspalathus linearis</i> (Rooibos Tea)	500 mg
<i>Artemisia afra</i> (Umhloniyane)	500 mg





DISCLAIMER:

If you suffer from a chronic medical condition, consult your healthcare practitioner before using the product.

If you are diabetic, have a heart condition, or use blood thinning medication, drink this tea product only under the supervision of a healthcare professional.

Stop drinking the product if you show any side effects to any of the ingredients. Discontinue use 2 weeks before any surgery.

HOW TO MAKE SELA TEA:

 STEP 1 Boil water	 STEP 2 Add 1 teabag to cup	 STEP 3 Brew for 5-6 minutes	 STEP 4 Enjoy warm or cold
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DIRECTIONS FOR USE:

For best results, drink 2 hours before or after using medication and at least 1 hour before or after meals.

Do not exceed 6 cups of tea a day.

If symptoms do not improve within 48 hours consult your healthcare provider.

Do not drink if you are pregnant or breastfeeding.

INGREDIENTS:

Each 1.7 teabag contains:

<i>Camellia sinensis</i> (Black Tea)	500 mg
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Manufactured by:

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